

Newsletter



From our Principal

Dear Families and friends of CTK,

We have almost reached the three quarter mark of the year and we have watched the children flourish and grow along the way.

So much has happened:

Book Week, Science Week, Multicultural Day, Student Teachers sharing their talents and learning across various year levels, Cross Country Carnival and Premiers Reading Challenge, with still so much more to come. We still have the Catholic Schools Music Festival where our Year 6 students will perform at the Festival Theatre and **please save this date:**

Thursday November 4th will be our Whole School Concert. Further information regarding tickets, venue and the theme are in this week's newsletter.

COVID Safety

Some good news is that we welcome families back into the yard. However, there are some safety protocols to note and as you know SA is still on high alert.

- * QR code upon entry into the yard
- * Please wear a mask when you enter the school grounds
- * Please adhere to social distancing when picking up or dropping off your child
- * At this stage, we are not having parents inside the classrooms
- * If your child has cold or flu symptoms, please keep them home

I thank you for your cooperation with this and hope that more restrictions will be lifted in the near future.

Thank you to the P&F

A big shout out again to the P&F for their organisation of the Father's Day Stall and I hope that all the fathers or special people in your lives had a lovely weekend. My own father is 88 years of age and loved his visit from not only grandchildren but great grandchildren.

Cont...

Term 3 Issue 3
10th September 2021
IMPORTANT DATES

Please note that the school is required to comply with COVID safe practices and that school events may be cancelled at short notice according to SA Health direction

SEPTEMBER / OCTOBER

15th Sept	Parent Workshop Michael Lincoln. Registration open until Tuesday 14th
17th Sept	School Disco Rec-Yr2 6.30 - 7.30 Yr3-Yr6 7.45 - 9pm
21st Sept	Catholic Schools Music Festival
23rd Sept	Reconciliation Liturgy 7pm CANCELLED until 2022
24th Sept	Pupil Free Day
11th Oct	Term 4 Commences
4th Nov	School Concert 6.30pm

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Warradale SA 5048
Phone 08 81983100
info@christking.catholic.edu.au
www.christking.catholic.edu.au



Out of School Hours Care



Phone: 1300 105 343
 0452 247 971
www.campaustralia.com.au

From the Principal (cont.)

Our next P&F event is the School Disco on September 18th and this will be such a fun night for all our children to enjoy. Throughout the night we will adhere to COVID safe protocols. I thank all those who have volunteered for the night and in the preparation of the night.

Parent Voice

I welcome and encourage all parents to come and talk about any concerns or questions that you may have. Sometimes, knowing processes and procedures that are in place rather than speculating or hearing how processes may take place often provide misinformation to others. We want all our students to flourish and grow and can do this most successfully when we work in partnership with families. Our process is to always respond, act and keep the communication open. At the heart of what we do is our children and we want to develop positive partnerships with all our parents. Sometimes misinformation and private information about the children in our school has sometimes been a topic of conversation with many interpretations. If you have a concern, follow it up, come and talk to us and we will do our very best to resolve situations or put strategies in place to support any issues. This also helps to promote a positive community of partnership with families which ultimately supports our children.

National Child Protection Week 5-11 September

CHILDREN NEED STRONG COMMUNITIES

WHAT WE KNOW:

- Children thrive when their families get the support they need.
- To treat all of Australia's children fairly, we need to make sure every family and community has what kids need to thrive and be healthy.
- Parenting can be like navigating waters. Everyone may experience bad weather from time to time but, with lighthouses and safe harbours, we can continue our journey.
- We can all help to be part of the lighthouses and safe harbours that families need.

HOW YOU CAN BE A SAFE HARBOUR FOR FAMILIES:

- Recognise that not every family and community in Australia has what children need to thrive and be healthy. This is why we see such big differences in child wellbeing across Australia.
- Support projects and policies that help to provide the strong foundations that every community needs - jobs, safe places, libraries, parks, playgrounds, schools, child care, affordable housing, health services, social activities, clubs, friendly neighbours, businesses and more.
- Smile and say hi to the people in your local neighbourhood. Children feel safer when they know the people in their community.
- If you see a family that is facing challenges, it is important that they get help as soon as possible before the problem gets bigger. You may need to ask advice from an expert about what to do, especially if you suspect that the children are at risk of harm.
- Take a moment to think about children in your school or community who might need extra support and how you might be able to help. Being kind and respectful, being a good role model, and offering practical help such as lifts or meals, are a great start.
- Connecting with your community is good for everyone. Joining playgroups, parenting groups or sports clubs helps families and children to have fun and meet people.
- Check in with your friends from time to time if you know they are busy looking after children. Sometimes a friendly message can be a huge help to a family.

For more information about how you can play your part or get involved in National Child Protection Week (starting first Sunday September) visit: www.napcan.org.au

NAPCAN PREVENT CHILD ABUSE & NEGLECT

Supported by **Queensland Government**

National Families Week

For more information about how to get involved with National Families Week (15-21 May) and how to help build stronger families, visit www.nfw.org.au

NATIONAL CHILD PROTECTION WEEK

5-11 September 2021

EVERY CHILD IN EVERY COMMUNITY NEEDS A FAIR GO

This week is dedicated nationally to Child Protection and the rights of the child. At CTK we work through the Child Protection Curriculum to support children to have a voice in how they are feeling. Today, there are so many pressures with COVID that children are worried about their communities and also have been deprived of community interaction. It's so important that children know that they are valued members of a wider community.

The theme for National Child Protection Week is : Every child, in every community, needs a fair go. To treat all of Australia's children fairly, we need to make sure every family and community has what kids need to thrive and be healthy. For further information please go to: napcan.org.au

Wishing you peace and blessings,
Regards,

Helena Card
Christ the King School
To Flourish To Grow

Care Freezer and Pantry

At Christ the King School we have a care freezer and pantry to support all families in need. The care freezer has been running for some time and recently the P and F have organised a care pantry which includes, non-perishable items such as cans, pasta, rice, soup etc. If you would like to make donation to the pantry or freezer, please bring your goods to the front office. Thank you

From the APRIM



*Happy Father's Day to all the wonderful dads,
grandads, uncles, cousins, and friends that
make a difference in our lives every day!*

**GOD OUR FATHER,
WE GIVE YOU THANKS AND PRAISE FOR
FATHERS YOUNG AND OLD.**

**WE PRAY FOR YOUNG FATHERS, NEWLY
EMBRACING THEIR VOCATION;**

**MAY THEY FIND COURAGE AND
PERSEVERANCE TO BALANCE WORK,
FAMILY AND FAITH IN JOY AND SACRIFICE.**

**WE PRAY FOR OUR OWN FATHERS AROUND THE WORLD WHOSE
CHILDREN ARE LOST OR SUFFERING;
MAY THEY KNOW THAT THE GOD OF COMPASSION WALKS WITH
THEM IN THEIR SORROW.**

**WE PRAY FOR MEN WHO ARE NOT FATHERS
BUT STILL MENTOR AND GUIDE US WITH FATHERLY LOVE AND ADVICE.**

**WE REMEMBER FATHERS, GRANDFATHER, AND GREAT GRANDFATHERS
WHO ARE NO LONGER WITH US
BUT WHO LIVE FOREVER IN OUR MEMORY AND NOURISH US WITH THEIR LOVE.**

AMEN



First Holy Communion

Congratulations to the following
students who received their
First Holy Communion over the past
couple of weeks.
May they always feel blessed and
deeply loved.

Matthew, Sienna, William, Ryan,
Thomas, Charlie
Saoirse, Adam, Luke, Harper



Emma Heinrich
Acting REC

Library



STORIES THAT MATTER

australiareads.org.au

AUSTRALIAN
READING HOUR



STORIES THAT MATTER

Stories that matter: Sally Heinrich illustration workshop

WHEN: Tuesday 14 September at 4:00pm - 4:45pm

WHERE Glenelg Library

AUDIENCE
Children

COST Free

SUMMARY

Sally will show how stories explore different emotions and how illustrations can be created using a variety of techniques. Children ...



Lego Club Brighton

WHEN: Tuesday 14 September at 4:00pm - 5:00pm

WHERE Brighton Library

AUDIENCE
Children

COST Free

SUMMARY

Have kids who love building with LEGO? ...

AUSTRALIAN
READING HOUR



STORIES THAT MATTER

Australia Reads Storytime

WHEN: Tuesday 14 September at 5:30pm - 6:00pm

WHERE Brighton Library

AUDIENCE
Families, Children

COST Free

SUMMARY

Tuesday 14 September is a day to celebrate reading! Join us for an extra Storytime session in celebration of Australian ...

Year 2

The Fantastic World of Dinosaurs

This term, the Year 2 class have been exploring all things connected to the World of Dinosaurs. In Science, the children have learnt how to spot dinosaurs from other pre-historic animals, they have learnt how dinosaur fossils were created and they have put together 2D and 3D skeletons of dinosaurs. In Art, the children have drawn amazing dinosaur pictures using wax crayons. In Design and Technology, the children have used their construction skills to make their own Dinosaur Puppets and Dioramas complete with pre-historic landscapes. In English, the children have written information reports about Dinosaurs. It has been a very exciting term exploring this topic which has generated much interest and learning.



Building Dinosaur Skeletons

Reading Fact Cards about Dinosaurs

Making Dinosaur Puppets



Year 2



Creating Dinosaur Drawings



Music

PURE IMAGINATION...

Dear Families,

SAVE THE DATE - HOW EXCITING!!!!!!

We are so pleased to announce that our 2021 School Concert is going to be happening in Term 4 this year.

The title for the concert is "**Pure Imagination**" and is a journey through fairy and folk tales, including songs musicals, movies, and the world of fantastic imagination.

We will be performing in the Historic Capri Cinema on Goodwood Road for one evening performance only on

Thursday November 4th 2021



More details to come,

Yours in song,
Matt Young
Music Teacher

Wellbeing

R U OK? Day

A matrix to help students and families celebrate R U OK? Day on September 9th no matter where they are!

This an Empowering Learning Together Resource

<p>Create a FlipGrid Video telling some jokes. Send it to a family member or friend to make them smile!</p>	<p>Draw a mindmap of your support network and people you can go to for support.</p>	<p>Make a poster to promote R U OK? Day. Put it up somewhere so others can see it.</p>	<p>Draw a chalk drawing on your driveway or nearby footpath to brighten up someone else's day!</p>
	<p>Make a Warm Fuzzies jar. Decorate the jar and add pieces of paper with things you love about each family member or your class mates.</p>	<p>Interview a grown up about R U OK? Day. Ask them for some ideas of what you could say to a friend who was not feeling ok.</p>	<p>Learn some <u>breathing exercises</u> to help you relax when you are feeling upset or worried.</p>
<p>Do some yoga with Cosmic Kids. Create some of your own moves.</p>	<p>Create a space just for you. Add your favourite books, activities, colouring in or drawing materials you like to explore and create with.</p>	<p>Create a 'happy dance' to your favourite song. Video it and share it with your teacher or a family member who lives far away.</p>	<p>Make some positive affirmation cards. I am grateful for... I am proud of... I feel calm when... My smile is...</p>
<p>Make a care package with a card, craft and/or little gift to give to a friend or family member to show you are thinking of them.</p>	<p>Take a walk in nature and collect some items that make you happy. Create a sensory nature table at home and add to it each day.</p>	<p>Cut out some pictures from a magazine and create a collage showing different emotions you have experienced.</p>	<p>Make a life size 'hug' and send it to someone special.</p> 

Wellbeing

RU OK?™

A conversation could change a life.

September 9th is
National R U OK?
Day



1. Ask



2. Listen



3. Encourage
action



4. Check in

GETTING READY TO ASK

Before you can look out for others, you need to look out for yourself. And that's ok. If you're not in the right headspace or you don't think you're the right person to have the conversation, try to think of someone else in their support network who could talk to them.

To help you decide whether you're ready to start a meaningful conversation, ask yourself:



AM I READY?

- Am I in a good headspace?
- Am I willing to genuinely listen?
- Can I give as much time as needed?



AM I PREPARED?

- Do I understand that if I ask how someone's going, the answer could be: "No, I'm not"?
- Do I understand that you can't 'fix' someone's problems?
- Do I accept that they might not be ready to talk? Or they might not want to talk to me?



PICKED MY MOMENT?

- Have I chosen somewhere relatively private and comfy?
- Have I figured out a time that will be good for them to chat?
- Have I made sure I have enough time to chat properly?

really
Are they OK?

Ask them
today

RU OK? DAY™
9 September 2021

Learn what to say at [ruok.org.au](https://www.ruok.org.au)

Find our more : <https://www.ruok.org.au/>

WELLBEING

PARENT WORKSHOP: RESILIENCE, THE HEART OF WELLBEING

DATE	Wednesday 15 September
TIME	7.00 pm – 8.30 pm
VENUE	Christ the King School Hall - 126 Dunrobin Road, Warradale
PRESENTER	Michael Lincoln
COST	N/A
PLACES	Limited to 100 – masks and COVID check in is compulsory
REGISTRATION LINK	https://registrationcentre.cesa.catholic.edu.au/event-4446823
PASSWORD	Resilience150921

WORKSHOP DESCRIPTION

This workshop will explain the neurobiological development of children aged 0 – 6 and adolescents 9 – 17. It will discuss some of the key parental and family interactions that underpin healthy neurological development, the foundations of emotional regulation, the skills for developing and maintaining peer relationship and engagement with learning. Further, it will explore how these things promote resilience and enhance the experience of wellbeing.

ABOUT THE PRESENTER

Michael Lincoln is a teacher within Catholic Education South Australia. His current role is an Education Advisor: Engagement and Wellbeing within the Learning Diversity and Wellbeing Team in the Catholic Education Office. In this role Michael works with schools to support teachers to understand the causes of student inappropriate behaviour and develop strategies to modify the behaviour or assist it to stop.

Michael has a keen interest in the power of

Restorative Practices to assist children and young people to develop conflict resolution skills and transform school communities. For the last 9 years Michael has worked closely with The Australian Childhood Foundation to understand early childhood and adolescent brain development and the importance of strong, healthy, nurturing relationships for self-management, social engagement, resilience and learning.

Places are limited so please register your attendance as soon as possible.

Uniform Shop Opening Hours



Please note that Term 4 marks the beginning of students wearing their summer uniform.

DUE TO COVID-19

UNIFORM SHOP REMAINS CLOSED UNTIL FURTHER NOTICE.

PLEASE ORDER ON-LINE

You can order uniforms outside of these hours online at <https://www.jssportsonline.com.au/collections/christ-the-king-school> Your order will be collated and delivered to your child's classroom for them to bring home.

A Price list are available in the Front Office.

Parents and Friends



Location: School Hall

Reception to Year 2: 6:30 - 7:30pm

Year 3 to Year 6: 7:45 - 9:00pm

\$8.00 a ticket. Please pay via QKR app no later than 3:00pm 15th September

Glow stick and snack provided. **BYO named water bottle.**

Goodies will be handed out in separate paper bags to each student.

Due to COVID regulations parents/caregivers are not permitted to stay at school during disco.

PURE IMAGINATION....

Design a ticket to be used for the performance of the 2021 Christ the King School Concert.

A note outlining requirements will go home today. Any design will need to refer to our theme which is
"Pure Imagination"

A ticket design will be selected, and the winning entry will receive 2 free tickets to the concert on the 4th November.

Due date: 16th September - please hand to class teacher

Community Notices

We are fundraising with
Entertainment

The savvy way to save!

FREE Multi City Upgrade with a Single City Membership purchase. **SAVE \$50!**

SUPPORT US & BUY NOW

Christ the King

BUY
SINGLE CITY
MEMBERSHIP

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UPGRADED TO
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PLUS EXTRA
MONTH
FREE*

SUPPORT US & BUY NOW

Soccer Life Mastery 3v3 Futsal Championships

Grab a couple of friends and compete with players from all over the state in Adelaide's 3v3 Futsal Championships

3-a-side

No goalkeepers (small goals)
Play a minimum of five games
Age groups: U10, U12, U14
Coed competition: boys & girls
Win prizes and awards!

Anyone can register!

Only 12 team registrations per age group, be quick before you miss out!

A school holiday, one-day event
The Parks Recreation & Sports Centre
Approximately 9am - 5:00pm
Friday 1st of October

To register or for more information head to
soccerlifemastery.com/3v3

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AUSTRALIANSPORTSCAMPS.COM.AU

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30% OFFER
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High quality sports program
for 5-15 -year olds delivered
by expert & qualified coaches.

SPORTS

AFL | Basketball
Netball | Soccer | Cricket

Venue

St Michael's College, Henley Beach
28th - 30th September 2021

Call 1300 914 368 or visit
australiansportscamps.com.au
to book or for more information.



SOMERTON PARK TENNIS CLUB INC.

**TENNIS SA'S MOST OUTSTANDING
CLUB 2018/2019!**

COME AND MEET THE SOMERTON
PARK TENNIS CLUB FAMILY FOR A

FREE COME AND TRY DAY!

Join us for a free sausage sizzle and on
court coaching clinics run by the Foundation
Tennis Development Coaching Team!

11:00 AM - 1:00 PM

**Sunday 29th of August 2021
AND**

Sunday 12th of September 2021

All ages welcome!

28-40 Wilton Ave, Somerton Park

For more info or to register your
interest, contact Nicholas Bradley on
0438 801 967 or email
SomertonParkTC@gmail.com



FOUNDATION TENNIS
DEVELOPMENT

2021 Calendar Term 3

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Week 1 July	19	20	21	22	23	24/25
Week 2 July	26	27	28	29	30 National Schools Tree Planting Day	31/1
Week 3 August	2	3	4 P&F Casual Day Green & Gold Olympic Day	5	6 Mass 9:00am	7/8
Week 4 August	9	10	11 School Board 7pm	12	13	14/15
Week 5 August	16	17	18 1st Communion Practice Night 6.30pm	19	20	21/22 Sunday 1st Communion 2pm
Week 6 August	23 Book Week Book Parade	24 Book Week	25	26 Book Week Multi-Cultural Day	27 Book Week	28/29 Sunday 1st Communion 2pm
Week 7 August/ September	30 SACPSSA Touch Carnival	31	1	2	3 Mass 9:00am	4/5 Sunday Father's Day
Week 8 September	6	7	8 School Board 7pm	9	10	11/12
Week 9 September	13	14	15 Parent Workshop	16	17 School Disco	18/19
Week 10 September	20	21 Catholic School Music Festival	22	23 Reconciliation Cancelled Last Day of School	24 Pupil Free Day End of Term	25/26

Ice blocks \$1 & School Banking on Tuesdays
Seahorse Café online lunch orders every Monday & Wednesday